



**EGD  
INSTRUCTIONS  
◆ 419-879-3636 ◆**

\*\* CANCELLATIONS UNDER 48 HOURS OR NO SHOWS may result in a FEE or INABILITY TO RESCHEDULE  
(Please refer to our Financial Policy)\*\*

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DATE: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_ PROCEDURE TIME: \_\_\_\_\_

Endoscopy Center of West Central Ohio  
2793 Shawnee Rd.  
Lima, Ohio

**PLEASE READ THESE INSTRUCTIONS CAREFULLY,  
AS SOON AS YOU RECEIVE THEM!**

1. You should have **nothing to eat (NO SOLID FOODS) twelve (12) hours** prior to your procedure. **NO SMOKING OR INGESTION OF MARIJUANA OR ALCOHOL OF ANY KIND WITHIN 24 HOURS OF YOUR PROCEDURE or it may be cancelled.**
2. You may have **CLEAR LIQUIDS** up to six (6) hours before your arrival time. **No chewing gum or any tobacco product (smoking, chewing, snuff, etc.) after this point. \*YOU MUST STOP DRINKING ANY CLEAR LIQUIDS SIX (6) hrs BEFORE YOUR ARRIVAL TIME\***
3. You will need to **have a designated driver, WHO REMAINS IN THE FACILITY AT ALL TIMES on the day of your procedure**, (NOT A TAXI) as you will be sedated and too sleepy to drive yourself home.
4. **THREE (3) hours** before you leave for your procedure: please take heart, blood pressure, and/or seizure medication, if normally taken in the morning with a small sip of water.
5. **\*\* BRING LIST OF CURRENT MEDICATIONS WITH DOSAGE WITH YOU ON THE DAY OF THE PROCEDURE.** If you use an inhaler, please bring it with you.

**\*\*DIABETIC PATIENTS PLEASE FOLLOW THESE GUIDELINES\*\***

- \*ORAL DIABETIC MEDICATION: Do not take the day of the EGD.
- \*INSULIN: No evening doses of insulin the night before the EGD
- \*SLIDING SCALE INSULIN: Check your blood sugar and follow the scale

**Additional Instructions:**

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<b>PROCEDURE TIME</b>	<b>STOP SOLID FOODS</b>	<b>STOP CLEAR LIQUIDS</b>
7:30 AM	7:30 PM	1:30 AM
8:00 AM	8:00 PM	2:00 AM
8:30 AM	8:30 PM	2:30 AM
9:00 AM	9:00 PM	3:00 AM
9:30 AM	9:30 PM	3:30 AM
10:00 AM	10:00 PM	4:00 AM
10:30 AM	10:30 PM	4:30 AM
11:00 AM	11:00 PM	5:00 AM
11:30 AM	11:30 PM	5:30 AM
12:00 NOON	12:00 MIDNIGHT	6:00 AM
12:30 PM	12:30 AM	6:30 AM
1:00 PM	1:00 AM	7:00 AM
1:30 PM	1:30 AM	7:30 AM
2:00 PM	2:00 AM	8:00 AM
2:30 PM	2:30 AM	8:30 AM
3:00 PM	3:00 AM	9:00 AM
3:30 PM	3:30 AM	9:30 AM