



**Gastro-  
Intestinal**  
ASSOCIATES, INC.

**EGD  
INSTRUCTIONS**  
◆ 419-227-0341 ◆

\*\* CANCELLATIONS UNDER 48 HOURS OR  
NO SHOWS may result in a FEE or INABILITY TO  
RESCHEDULE (please refer to our Financial Policy)\*\*

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DATE: \_\_\_\_\_ ARRIVAL TIME: \_\_\_\_\_ PROCEDURE TIME: \_\_\_\_\_

**Endoscopy Center of West Central Ohio**  
2793 Shawnee Rd.  
Lima, Ohio

**PLEASE READ THESE INSTRUCTIONS CAREFULLY,  
AS SOON AS YOU RECEIVE THEM!**

1. You should have **nothing to eat (NO SOLID FOODS) after midnight** the night before your procedure.
2. You may have **CLEAR LIQUIDS** up to four (4) hours before your arrival time. **No chewing gum or any tobacco product (smoking, chewing, snuff, etc.) after this point. \*YOU MUST STOP DRINKING ANY CLEAR LIQUIDS FOUR (4) hrs BEFORE YOUR ARRIVAL TIME\***
3. You will need to **have a designated driver, WHO REMAINS IN THE FACILITY AT ALL TIMES on the day of your procedure**, (NOT A TAXI) as you will be sedated and too sleepy to drive yourself home.
4. **THREE** (3) hours before you leave for your procedure: please take heart, blood pressure, and/or seizure medication, if normally taken in the morning with a small sip of water.
5. **\*\* BRING LIST OF CURRENT MEDICATIONS WITH DOSAGE WITH YOU ON THE DAY OF THE PROCEDURE.** If you use an inhaler, please bring it with you.

**Additional Instructions:**

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